

Sample Life Enrichment Calendar - December

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1 Advent Begins 9:30 Exercise Class-3 9:30 P/U service to Augustana Lutheran 10 Catholic Liturgy-1 2 Movie-1 2:15 Scrabble-LR 2:25 Broncos v Chargers-T	2 10 Exercise Class-1 1:45 Ladies' 8 Ball-B 2 Bridge-L 6:30 Wii-Wheel of Fortune-1	3 10 Exercise Class-LR 10:30 Catholic Mass1 12:20-:35 Postal Van 2 Blackjack-1 3:30 Chair Tai Chi-1 6:30 Holiday Light Outing 6:45 Bingo-1	4 Nat. Cookie Day 10 Smart Moves-LR 10:30 To Sprouts/Walgreens 1:30 To Kohl's/Target 1:45 Fellowship-3 2 Culinary Mting-DR 2:30 Decorate tree 6:30 Visual Tour-T	5 9 Podiatrist-BT 10 Exercise Class-LR 10:45 Student Reading-LR 2:30 Happy Hour with Harmonics-LR 6:45 Bingo-1	6 St. Nicholas Day 10 To King Soopers 10:30 Strength/Balance-LR 2 To King Soopers 2:30 Sarah on piano-LR 4:30 Social Hour-LR	7 Pearl Harbor Day 9:30 Exercise Class-3 10 Carrie's Cause delivers poinsettias 11 Coffee & Donuts 2 Movie-T 2:15 Blackjack-LR 6:45 Movie-T
8 9:30 Exercise Class-3 9:30 P/U service to Augustana Lutheran 11 Broncos v Texans-T 2 Movie-T 2:15 Yahtzee-LR	9 10 Exercise Class-1 11:15 Book Mobile-LR 2 Bridge-L 6:30 Wii-Family Feud-1	10 10 Arthritis Exerc.-LR 10:45 Current Events-3 2 Blackjack-1 3:30 Chair Tai Chi-1 6:30 Holiday Lights Outing 6:45 Bingo-1	11 10 Smart Moves-LR 11 To Elway's 1:45 Fellowship-3 2 To See's Candies 2:30 Bingo-1	12 Birthday Party 10 90° Yoga-1 10:45 Student Bingo-LR 3:30 Happy Hour w/ Mark Pressey + birthdays, welcome, anniversaries-LR	13 10 To King Soopers 10:30 StrengthBalance-LR 2 Health Talk by Rehab Cares-LR 4:30 Social Hour-LR	14 Nat. Wreaths Across America Day 9:30 Exercise Class-3 10-12 Columbine Poets, listen & share poems-LR 2 Movie-T 6:45 Movie-T
15 9:30 Exercise Class-3 9:30 P/U service to Augustana Lutheran 11 Broncos v Chiefs-T 2 Movie-T	16 10 Exercise Class-1 2 Bridge-L 3:30 Fireside Chat with Jody-LR 6:30 Movie-T	17 9-11 Connect Hearing-BT 10 Exercise Class-LR 10:45 Current Events-3 2 Blackjack-1 3:30 Chair Tai Chi-1 6:45 Bingo-1	18 9:30 Podiatrist Visit 10 Smart Moves-LR 10:30 To Banking 1:45 Fellowship-3 3:30 Holiday Party, Rick Winegarten on vibraphone-LR 6:30 Jeopardy-1	19 Wellness Clinic 10-11:30 Wellness Clinic 10 90° Yoga-1 10:45 Student Visit-LR 1:45 Notecard Making 3 Res/Act Meeting-T 6:45 Bingo-1	20 10 To King Soopers 10:30 StrengthBalance-LR 2 To King Soopers 2:30 Sarah on piano-LR 4:30 Social Hour-LR	21 9:30 Exercise Class-3 2:30 Fam Band & Choir performs-LR Humphrey Family Talent returns! 6:45 Movie-T
22 Hanukkah Begins 9:30 Exercise Class-3 9:30 P/U service to Augustana Lutheran 2 Movie-T 2:05 Broncos v Lions-T 2:15 Chickenfoot-LR	23 10 Exercise Class-1 11:15 Bookmobile-LR 2 Bridge-L 2:30 Active Minds, Baroque Holiday Music-LR 6:30 Holiday Trivia-LR	24 Christmas Eve 10 90° Yoga-1 10:30 Holiday Social-LR 2 Blackjack-1 3:30 Chair Tai Chi-1 4:30 Sharing Holiday Memories-LR	25 Christmas Day <i>Merry Christmas to All Residents, their Families & Friends</i> 10 Movie-T 2 Movie-T	26 10 90° Yoga-1 No Student Visits 3:30 One & Done-LR 6:45 Bingo-1	27 10 To King Soopers 10:30 Strength/Balance-LR 2 To King Soopers 2:30 Hanukkah Service-DR 4:30 Social Hour-LR	28 Nat. Card Playing Day 9:30 Exercise Class-3 2 Movie-T 2:15 Kings on the Corner-LR 6:45 Movie-T
29 9:30 Exercise Class-3 9:30 P/U service to Augustana Lutheran 2 Movie-1 2:15 Dominos-LR 2:25 Broncos v Raiders-T	30 Hanukkah Ends 10 Exercise Class-1 1:45 Men's 8 Ball-B 2 Bridge-L 6:30 Sequence-LR	31 New Year's Eve 10 Arthritis Exerc.-LR 10:45 Current Events-3 1:30 Blackjack-1 3:30 Chair Tai Chi-1 7 New Year's Eve Party-LR	<i>Resident Birthdays</i>	<i>Resident Birthdays</i>	<i>Wedding Anniversaries</i>	<i>Locations</i> 1-1 st floor Activity Rm 3-3 rd flr Bistro LR -Living Rm L-Library T-Theater DR-Main Dining Rm BT-Bathtique